

Food Bank

There are baskets by the Baptismal Font for the collection of items for the Food Bank. The collected items are delivered to the Food Bank on a regular basis.

Thank you for your participation in this outreach ministry.

What should I donate?

(From the Whitehorse Food Bank Website)

Below is a list of the things we put in our food hampers. These are the items we need the most! When we do not have enough donations of these items, we have to buy them.

What we need most:

Canned food

- Soups
- Vegetables
- Tomatoes or tomato sauce
- Fruit
- Meat/fish (tuna, chicken, ham)
- Canned Beans

Dry Goods

- Pasta (375, 500, 900 g or large)
- Kraft Dinner
- Rice
- Peanut Butter (500, 750 g)
- Jam (300, 500 g)
- Cereal, hot or cold (large)
- Meal in a can (ravioli, stew)
- Oatmeal cookies, granola bars
- Soda crackers
- Sugar, flour

Page 3

Beverages

- Juice (1 or 2 L)
- Coffee (ground), not flavoured
- Tea (herbal, regular)

Other items

- Feminine hygiene products (pads, tampons)

- Toilet paper
- Diapers (all sizes)
- Depends (medium-large)
- Soap, toothpaste, tooth brushes, razors, shampoo

Things we can't use:

- Homemade foods
- Home pickled/canned goods
- Items containing alcohol
- Expired items (over 1 year)